

2023 CLOTHING & EQUIPMENT LIST FOR CAMP GRAY ROCK

- Pillow
- Twin or Full Sheets & Blanket OR Sleeping Bag
- Towels & WashCloths
- Toothbrush & Toothpaste
- Hairbrush & Hair ties
- Sunscreen
- Bug Spray
- Shampoo, Soap, etc.
- Deodorant
- Sanitary Products (females)
- Camera
- Shirts
- Shorts
- Long Pants (jeans, etc)
- Sweatshirts/jackets
- 2 pair of sneakers
- Raincoat/Poncho/Umbrella
- 2 Swimsuits
- Towel for the Swimming Pool
- Pajamas
- Underwear
- Socks
- Flip-flops or slippers for wearing in the cabin
- Water Shoes
- Laundry Bag for Dirty Clothing
- WATER BOTTLE with camper's name on it
- Snacks or Drinks in Sealed Containers OR money for canteen
- Optional - Flashlight
- Girls - optional: something nice to wear for Awards Ceremony

The following items should be packed separately to be turned in at Check-in:

- MEDICATIONS IN ORIGINAL CONTAINERS - includes vitamins, prescriptions, and OTC meds
- (Optional) spending money in an envelope in the office for safe-keeping

The following items are NOT permitted at Camp:

- **Electronic Devices and Chargers - no phones, tablets, phone-capable watches, etc.**
- Cigarettes or Electronic cigarette devices/Vapes, cartridges, etc.**
- Matches/lighters/fireworks**
- Alcohol**
- Markers of any kind
- Laptops, Chromebooks, MacBooks, etc
- Latex balloons
- Knives, firearms or other weapons
- Please don't bring valuable/sentimental/irreplaceable items

**Please note: Camp Gray Rock is on Private Property, and all items on our property are subject to search. We reserve the right to search bags and seize prohibited items.

Alcohol, tobacco, illegal drugs, vapor products and any related items will not be tolerated at camp. Any violations of the law will result in the camper or counselor being sent home from camp immediately and will be turned over to the Watauga County Sheriff's Department.